

Hillingdon's Child and Adolescent Mental Health Transformation Plan

27 September 2017



Introduction



1. Improving Outcomes for Children and Young People
2. Recap on the Child and Adolescent Mental Health Transformation Plan (2016/17) implementation
3. Priorities for Hillingdon and North West London
4. Implementing the plan
5. Current performance of specialist services
6. Next Steps



1 How are we going to improve Outcomes for Children and Young People in Hillingdon ?



Hillingdon

Clinical Commissioning Group

- Implement an Integrated Child & Adolescent Mental Health Pathway without tiers (Thrive Model)
- Ongoing co-production with Children, Young People, Schools and families
- A greater focus on Early intervention & Prevention - through providing advice and support to the wider workforce; including Teachers, Primary Care workforce, and establishing Peer support programmes for Children and Young People and families
- Commissioning evidenced based service responses where they exist; or testing and evaluating models to determine their efficacy where evidence is weaker



HILLINGDON
LONDON

2 Recap on the Local Plan Implementation



Hillingdon

Clinical Commissioning Group

Completed by	Activity underway
March 2017	<ul style="list-style-type: none"> • Hillingdon Health and Well Being Board support a new approach to commissioning Child and Adolescent Mental Health services - the 'Thrive Model'
March - August 2017	<ul style="list-style-type: none"> • Coproduction with Children, Young People and Families to identify the key priorities to implement the 'Thrive Model' in Hillingdon
June 2017	<ul style="list-style-type: none"> • Initial discussions with Schools to identify how best to support their role
July 2017	<ul style="list-style-type: none"> • CCG informed that bid for funding for 2 years for new Youth Justice Liaison & Diversion services was successful. Planning work underway
Jan 2018	<ul style="list-style-type: none"> • Model of Crisis & Liaison Service for those needing specialised Support In place



HILLINGDON
LONDON

2 Recap - The Thrive Model

Three complimentary principles:

- Needs Led
- Integrated
- Effective & Transparent



3. Priorities for 2017 - 2019

North West London Transformation plan identified a number of areas:

- Early intervention
- Range of practitioners offering advice and support
- Offer some core training interventions
- Offer clear information and signposting service
- Core point of referral for specialist CAMHs and other specialist services (SPA)



3 The Hillingdon priorities for 2107 - 19


NHS
 Hillingdon
 Clinical Commissioning Group

The Co-Production work with local children, young people and families supported the North West London Priorities and identified a list of detailed ideas that are outlined below under the 'Thrive Model' headings. Some developments e.g. establishing a Mental Health support role within schools will support more than one area:

Getting Advice

- Ensure the 'Local Offer' Hillingdon Based Fully Interactive Website for Children and Families for information includes up to date information about all local mental health services and available support
- Programme of Support in schools
- YP Well-being Support in schools



3 Hillingdon Priorities cont'd


NHS
 Hillingdon
 Clinical Commissioning Group

Getting Help

- Mental Health and Well Being Co-ordinators in Schools
- Effective Training for professionals in mainstream settings e.g. MH First Aid Training
- Behaviour strategy focussed on pupils at risk of exclusion
- Integrated pathway for ASD/ Mental Health difficulties

Getting More Help (Help in Specialist settings)

- Young Peoples Health Passport so easily aware of difficulties, likely triggers and what support would be most helpful
- Co- Location of MH Professionals in Community based settings will involve a re-design of existing services

Getting Risk Support

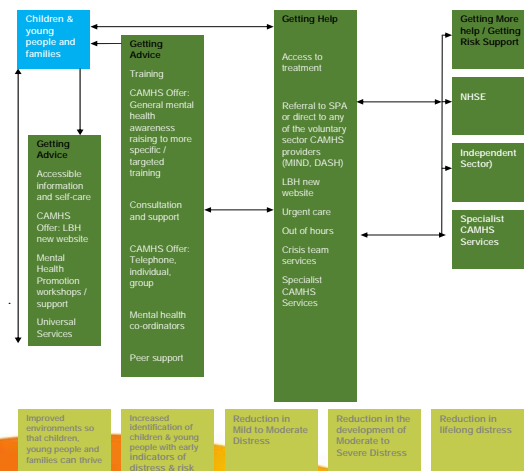
- Existing service provision was reported as 'good' but people commented they were aware that sometimes the wait was too long



4 Implementing the Plan - the proposed Child and Adolescent Mental Health Pathway



Proposed New Pathway



4 Implementing the Plan - Proposed actions



Activity	Timeline	Comments
HWBB approve recommendations following Hillingdon Co-Production project.	September 2017	5 October 2017 meeting of 'CYP' group to convene to revise terms of reference and membership to take forward and monitor progress of the plan
Getting Advice & Getting Help <ul style="list-style-type: none"> Ensuring the 'Local Offer' Interactive Development website includes up to date information about all local services and available support. Run Young Minds Practitioner training event for Schools across Hillingdon Development of Mental Health Coordinator role in schools Development of Clinical Practitioner Support model Begin discussions with LBH School Improvement team and Schools to develop behavior strategy for pupils at risk of exclusion 	<ul style="list-style-type: none"> End of October 17 & then ongoing December 2017 New model in place in March 18 1.4 2018 	<ul style="list-style-type: none"> Representatives from Hillingdon's CAMHS Steering Group (including CNWL, HCCG, service users and Third Sector) will develop the new website with LBH lead officer. Funding in place, working with Schools Improvement team to facilitate sessions with schools Role will be developed at the training events and the evaluation and monitoring plan agreed. Evaluation period to be determined during March 18. Role requires scoping with key stakeholders during the autumn this work will consider how to develop an integrated pathway for families and Children and Young people with MH/ASD issues



4 Implementing the Plan - Proposed actions

continued



Activity	Timeline	Comments
Getting More Help and Getting Risk Support		
<ul style="list-style-type: none"> Core Point of Referral for specialist services referral management system introduced with additional staff taking up posts across North West London to allow full integration of Crisis Services' and Out of Hours service 	<ul style="list-style-type: none"> Jan 2018 	<ul style="list-style-type: none"> This will see the implementation of an integrated referral management system and expanded out of hours crisis service across Hillingdon and NWL.
<ul style="list-style-type: none"> Developing a 'young persons passport' so services are aware of difficulties, triggers and support required 	<ul style="list-style-type: none"> Tbc 	<ul style="list-style-type: none"> Requires scoping further co-production with parents to determine the optimum model and benefits
<ul style="list-style-type: none"> Improve access to Specialist CAMHS services in line with National Targets 	<ul style="list-style-type: none"> Oct 2017 	<ul style="list-style-type: none"> Continue to monitor performance through the monthly contract monitoring meetings during 2018/19
<ul style="list-style-type: none"> Co Location of MH Professionals in community based settings 	<ul style="list-style-type: none"> Dec 2017 	<ul style="list-style-type: none"> discussions with providers and families to scope the opportunities and benefits of colocation

New Hillingdon 'Thrive' model in place 1 July 2018 to be evaluated over the summer of 2018



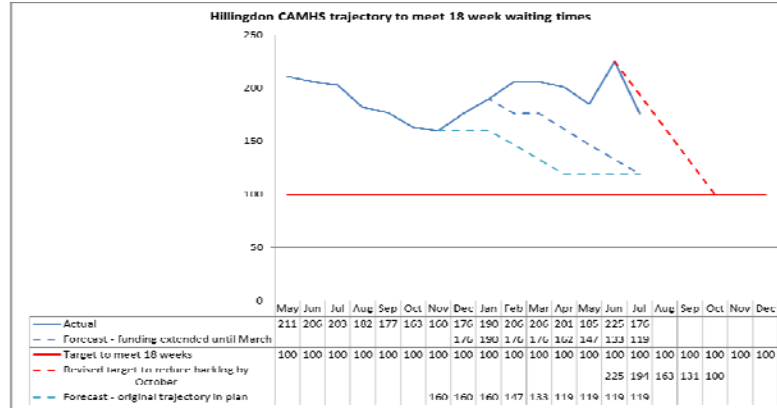
5 Specialist Child And Adolescent Mental Health Service performance and - Waiting Times End July 2017



- The Hillingdon Eating Disorder Service and Out of Hours/Self Harm Service are meeting targets.
- The number of Children and Young People Waiting for assessment by Specialist CAMH professional is 176 (down from 225 in June 2017)
- Target to meet 18 weeks (100 people waiting) trajectory is on track for delivery by the end of October 2017
- Additional staff recruited from NHSE and CNWL funding to support this work
- Agreement reached with providers to increase productivity to support this work
- All urgent referrals seen within 4 hours in line with national requirements
- All other referrals reviewed by the clinical team to determine the appropriate first appointment date



9 CAMHS Performance - Waiting Times End July 2017



Next Steps

Following the HWB meeting the next steps are

- To review the terms of reference and membership of the 'CYP' steering group to take forward the actions outlined and monitor and report on progress going forward
- Consider the development of a system wide performance dashboard
- LBH and NHS Hillingdon CCG to submit the refreshed Children and Young People Mental Health Services Transformation Plan by 31 October 2017

